

WE NEED YOU

Please Join our Study about Internet, Social Media, and Apps for Healthy Aging.

What are older adults who are learning to use information and communication technology from UNH occupational therapy student saying...?

I've played games with my 5-year old and 8-year old grandsons!

I love to "Google" for information and am interested in taking pictures of my work and grandkids so the "Camera" is my next challenge. I'm excited and learning new "how to's" daily; I know it's endless.



I was able to share many photos with my elderly dad before he passed away. He really marveled at what the iPad can do.

I find that I have been much more likely to try new things on the iPad.

I am thankful to you for trusting that even I would not be too stupid or too old to want to learn something new and previously frightening to me.



I would not have purchased an iPad, as I did not understand what it really was. This program therefore was unique in that it introduced to me the product. Once I had it in my hands my curiosity grew by the day. I have learned how easy it is to travel with. I have had such fun learning new apps. The training program seemed novel, creative and very useful in drawing in an older and perhaps more reluctant audience to a great tool."

I've been able to view videos on crafts I do and tried new recipes... I can use coupons from the materials I buy from AC Moore so that has been very helpful. I can now "FaceTime" with my friends and grandkids.

Sign up today to participating in our study on information and communication technology and training for older adults.

